

# POP-UP FOOD PANTRY

## A COMMUNITY SERVICE DURING THIS TIME OF SOCIAL ISOLATION

**THANK YOU** for helping our neighbors in need!

The YMCA, Bread for Life and the Community Foundation of Greater New Britain are working together to offer Pop-Up Mobile Food Pantries in Southington. With the support of the generous citizens of our community, we will deliver bags of groceries to at-risk neighborhoods in town.

Here's how it works:

**STEP 1:** Pick up a re-usable grocery bag and list of suggested non-perishable items at one of these locations:

1. YMCA Admin Building - 130 North Main St, Southington  
Monday-Friday from 8:00am to 3:00pm
2. Bread for Life - 31 Vermont Avenue, Southington  
Monday-Friday from 8:00am to 3:00pm.

**STEP 2:** Shop for the items and put them right back into the re-usable grocery bag

**STEP 3:** Drop-off the bag at one of the locations listed above.

Bags will be available for pick up starting **May 1<sup>st</sup>** and we ask that they be returned by **May 8<sup>th</sup>**. Please maintain an appropriate 6-10 feet of distance throughout this process. The staff of the Y and BFL will then set up a mobile food pantry in vulnerable neighborhoods to distribute the bags.

### SUGGESTED NON-PERISHABLE ITEMS TO FILL THE BAG:

- Box of cereal
- Pasta and sauce
- Peanutbutter and jelly
- Granola bars
- Snack cracker packs (filled with cheese or peanut butter)
- Soup/ramen noodles
- Tuna fish or chicken in can
- Chili in can
- Bottle of juice
- Instant oatmeal packets
- Instant mac and cheese cups
- Canned fruit/fruit snacks
- Optional: soap/shampoo/toothpaste

### A Proud Collaboration Between...



**...and YOU!**