



## **Welcome to Families Feeding Friends Program Spring 2018**

Bread For Life's Families Feeding Friends initiative is a new program, intending to help serve those in the community who are in need while bringing local families closer together. The program will be open to 12-15 families to participate in organized activities throughout year. These activities will be held on Sunday afternoon from 2:00-3:00 pm.

Families Feeding Friends program is excited to offer these opportunities to encourage community involvement while increasing quality time spent together as a family.

For your convenience we have the following activities planned and ready to go. To reserve your family's spot, please send an email to: [info@southingtonbreadforlife.org](mailto:info@southingtonbreadforlife.org). For further questions please call 860-276-8389. Please note that registrations will be accepted on first come first serve basis until each session is filled.

### **Knock your socks off: February 25<sup>th</sup>, 2018**

Families create a bouquet of flowers out of socks, and then they are wrapped in tissue paper to look like a bunch of flowers. Each family will make a Valentine's Day card.

**Items each family needs to bring:** One package of at least 3 solid color trouser socks (Black, navy, gray, tan, white) Tissue paper.

### **Smooth Healing: March 18, 2018**

Coffee/tea mugs filled with tea bags or hot cocoa packets and a travel size hand cream and lip balm.

**Items each family needs to bring:** 3 each of hand cream and lip balm, one box of hot cocoa packets.

### **Sweet Tooth: April 22<sup>nd</sup>, 2018**

A small mason jar filled with colored jelly beans, placed to look like a rainbow with a description of what each color represents. Example: Red=Love. Yellow= Happiness & positivity.

**Items each family needs to bring:** Small mason jars, or any clear container with top and at least two bags of jelly beans.

### **Bear Hug: May 20, 2018**

Wash cloth Bears Brown or Gold wash cloths folded to look like a bear, tied with a ribbon.

**Items each family needs to bring:** Two brown or tan hand towels. Thick ribbon any color