



Families Feeding Friends Program—Fall 2017

Bread For Life's Families Feeding Friends initiative is a new program, intending to help serve those in the community who are in need while bringing local families closer together. The program will be open to 12-15 families to participate in organized activities throughout year. These activities will be held on Sunday afternoon from 2:00-3:00 pm at Bread for Life, 31 Vermont Avenue.

Families Feeding Friends program is excited to offer these opportunities to encourage community involvement while increasing quality time spent together as a family.

For your convenience we have the following activities planned and ready to go. To reserve your family's spot, please send an email to: info@southingtonbreadforlife.org. For further questions please call 860-276-8389. Please note that registrations will be accepted on first come first serve basis until each session is filled.

Fall Flower Pots: We will be decorating flower pots to hold fall mum flowers. These plants will be delivered to our homebound clients to brighten their day.

Date: September 17, 2017, 2-3 pm **Items each family needs to bring:** acrylic paints and brushes/sponges to paint with.

March With Us: Please join us in marching in the Apple Harvest Parade! Parade begins at 2 pm, marchers need to arrive before. Location and times to be determined. Wear a red shirt in honor of the apple and join us for fun. Wagons and strollers welcomed for young kids.

Date: October 1, 2017

Be THANKFUL—a core value: Families will come together to help assemble and bake homemade apple pies to be given out to our clients as a special Thanksgiving treat.

Date: November 19, 2017, 2-4 pm **Items each family needs to bring:** aprons, wooden spoons, mixing bowl, measuring cups.

Personal Touch: We would like to provide our clients with the necessary personal care items. Family Feeding Friends will collect and assemble gift bags with these items to be given out to our clients for Christmas.

Date: December 17, 2-3 pm **Items each family needs to bring:** personal care items such as, but not limited to: deodorant, shampoo, conditioner, soap bars, liquid soap, toothpaste, toothbrushes, hair brushes and combs, baby powder, body lotion, hand cream, tissues. Please invite friends, family, neighbors to donate items to you to bring for these personal care gift bags.